Regret (Philippians 3:13)

Ross Harkrider · Philippians 3:13–15

INTRODUCTION

- Regret can be defined as a distress of mind or a painful memory over something that happened in the past, a missed opportunity.
- Dr. Alfred Nobel read his own obituary and saw that what was going to be remembered of him, he did not like.
- We should not allow regret to change or cripple us when we know that we have the salvation of Jesus Christ.

1 Judas and Peter Both Walked With Jesus

- Both of these men walked with Jesus for roughly three years.
- There's a couple of events that we can look at that maybe can help us identify how these men responded to events that took place in their life.
- Jesus warns both of them of what they are going to do.

2 An Emotional Response

Psalm 6:6–7

- Whenever you commit an act that you then come to realize that it was wrong, you're going to have an emotional response.
- Judas was relying on humans for the response, and they said, we don't want anything to do with that. And so Judas became angry.
- He had demonstrated more of a godly sorrow. He went and weeped. Whereas Judas demonstrated more of a worldly sorrow.
- I am weary with my moaning. Every night I flood my bed with tears. I drench my couch with my weeping.

3 A Mental Response and the Ultimate Outcome

2 Corinthians 7:10

- Eventually time goes on, and we now have to have a more of a mental response from that action that we committed.
- So his regret produced continual crime, continual sin.
- Peter went and sought the refuge of other disciples.
- He didn't let this betrayal define him the rest of his life.
- Peter had godly sorrow and it produced salvation. Whereas Judas had worldly sorrow and it led directly to his death.

4 The Regrets of the Dying

- When people are on their deathbed, that's often a place where people express regrets in their life.
- Number one. I wish I had the courage to live a life true to myself, not the life others expected me.
- Regret can be a powerful emotion that can cripple us.

5 Paul Moved Beyond Regret by Grace

Galatians 1:13–16; 1 Timothy 1:14; 1 Corinthians 15:10

- For you have heard of my former manner of life in Judaism, how I used to persecute the church of God beyond measure and tried to destroy it.
- In all three of these passages, the very next verse, he shows that there's a way to move beyond that.
- But by the grace of God, I am what I am, and his grace toward me did not prove vain.
- See, the word grace is in all these passages.

6 Having a Different Attitude

Philippians 3:13–15

- Brethren, I do not regard myself as having laid hold of it yet. But one thing I do, forgetting what lies behind and reaching forward to what lies ahead.
- Having a different attitude, could be a key element in moving past regret.
- We still hold on to something that I've done in the past, someone that I've hurt. A mistake that I've made.
- I think a lot of it has to do with our attitude.

THE CHALLENGE

How will you be remembered? And how will you respond to what that obituary might say?

MY NOTES