Life is Short, Live Well

Brent Moody · Ecclesiastes 11:8–10 · Series: **Life Under the Sun**

INTRODUCTION

- It's my choice whether or not I'm going to receive life as the gift of God, or I'm going to go through the monotony of trying to do this alone.
- Life is temporary. But it also can be meaningless if we live it apart from God.
- In recognizing that life is short and that God is sovereign, we should live it well with wisdom.

1 Living Well Works Best When We Rejoice in Our Youth

Ecclesiastes 11:9–10; 1 Corinthians 7; Matthew 11

- But here's the key remove vexation or sorrow from your heart and put away pain from your body.
- Just because I'm young is no excuse to be ungodly. The idea I'll just get it all together later is a foolish concept.
- You will never have more time than you have right now. To open your Bibles and read and to study and to grow and to grow your relationship with God, to pray.
- Remember your creator in your youth so that you are better prepared as you age.
- If you can't rejoice in your youth, you'll have a really hard time rejoicing in your old age.
- The answer is in Jesus Christ. He's the one that gives rest to the soul, as he says in Matthew chapter 11.

2 Find a Joy in the Basic Things of Life

Ecclesiastes 2:24–26

- Stuff doesn't make us happy. That's not where we're going to find fulfillment and meaning.
- It is more just about having gratitude for the things that we have day to day. Finding ways to appreciate what God has given us.
- Go, eat your bread with joy, and drink your wine with a merry heart, for God has already approved what you do.
- These are the things to find joy in. And you can find them every single day. It's just the basics.
- If we are people who are regularly seeking thankfulness and gratitude in our life, it is going to change the way we think, and it's going to change the way that we live.
- Life is short, and so live well. If we want to live it well, it's gonna be with God, not apart from him.

3 We Do This Now, Today

Matthew 6:33–34; Ecclesiastes 11:8

- The more we focus on the present and think about the things that we have now that God has given us, the less we're gonna be riddled with regret of things in the past.
- This is a choice. It is a choice that I have to make if I'm going to enjoy today. Whatever the day brings, I can find joy in it.
- You can rejoice in them all, even though there's going to be dark days if you have the right perspective.
- Seven times within this book, there are these summary texts saying, enjoy life as God's gift today.
- So we can appreciate and learn from the past, but don't idealize it. Don't say, oh, it used to be so much better. Make the best of right now.
- The more we stay in the present, the more the past and the future will not bother us.

THE CHALLENGE

If you will die to self, you'll be buried in baptism, be resurrected to newness of life, and begin walking with him. And he will take your burdens away and he will give you rest. Can we help you with that this morning?

MY NOTES