# Disconnect to Reconnect

**Phil Robertson** · Genesis 11:1–9

## INTRODUCTION

- Because as often is the case, the blessing can easily become a curse.
- At this rate, the average person by the end of their life will have spent five full years on their phone.

## 1 Designed to Be Addictive

- In the boardrooms of these technology companies, they're seeking ways to make people stay on their devices longer.
- First of all, news feeds and videos never end.
- They perpetuate what's already inside us, a desire to be approved.
- The CEO of Netflix said, our greatest competitor is Facebook, YouTube, and sleep.

## 2 When Anything Becomes Addictive, It Changes Our Behavior

- When anything becomes addictive, it changes our behavior.
- Research has shown that people who are on their phones a lot are anxious. It changes their moods. They're more likely to be isolated.
- But yet when it comes to a cell phone, everybody gets one.
- According to the American Academy of Pediatrics, there should be zero screen time up till 18 months.

## 3 Some of Satan's Best Schemes Waste Our Time

**Micah 2:1**

- I see that I spent most of my life in doing neither what I ought nor what I liked.
- Some of Satan's best schemes are putting us in situations where we waste time doing things that we don't even like.
- It deceives us and steals our life from us.
- Woe to those who devise wickedness and work evil in their beds. When the morning dawns, they perform it because it's in the power of their hand.

## 4 The Tower of Babel

**Genesis 11:1–9; Genesis 1:28; 2 Corinthians 6**

- God said, I want you to be fruitful and multiply and fill the earth.
- Let us build ourselves a city and a tower with its tops in the heavens. And let us make a name for ourselves, lest we be dispersed over the face of the whole earth.
- The whole point in unifying together, was to defy the command of God.

- Isn’t it interesting now with technology that the world is being what? Unified again.

## 5 Beware of a Tower of Defiance

**Proverbs 4:26; Isaiah 2:8; Matthew 18**

- Their land is filled with idols. They bow down to the work of their hands to what their own fingers have made.
- Are we not making idols unbeknownst to us with our fingers?
- If you’re having a conversation with someone that you would not have openly in front of your spouse or your parents, you are in the dark alley.
- Be mindful that everything you like reveals your heart.

## 6 Build Wonderful Bridges of Hope With Technology

**Romans 12**

- You can build wonderful bridges of hope with technology.
- Share joy and gratitude. Share it. Rejoice with those who rejoice.
- In Romans chapter 12, all of us are encouraged to be the encouragement.
- May we not be building the Tower of Babel or a Tower of Defiance. May we actually be building what is good.

THE CHALLENGE

Maybe we need to reconnect. And to get there, we need to disconnect with the world.

MY NOTES